



## 2009 Men and Women Schedule

Date of Contest	Event	Location	Time
Sept 5	UNC Pembroke Invitational	Pembroke, NC	TBA
Sept 12	Salem Cross Country Invitational	Winston Salem, NC	TBA
Sept 18	Reebok Cross Country Invite	Cary, NC	TBA
Sept 26	26 <sup>th</sup> Annual Greensboro XC Invite	Greensboro, NC	TBA
Oct 2-3	HBCU Classic	Cary, NC	TBA
Oct 22	CIAA Conference Championships	Cary, NC	TBA
Nov 7	NCAA Cross Country Regional	Mansfield, PA	TBA
Nov 21	NCAA Cross Country Nationals	Evansville, IN	TBA

**Athletic Director:** George Williams

**Head Coach:** George Williams

**Assistant Coach:** Sandy Chapman

**Head Trainer:** David Hill

**Sports Information Director:** Anthony Jeffries