

Sheila has 15 years of experience as a First-Aid /CPR instructor with American Heart Association under the Rex Healthcare Training Center. She continued to increase her training experience and knowledge and became Crisis interventions trainer using Evidence Base Protective Interventions (EBPI) curriculum (formerly NCI). EBPI is a North Carolina State Approved prevention alternative to restrictive, seclusion and restraint curriculum.

When the pandemic global crisis began impacting our country, our families and our community; Sheila understood what it was like to combat shortages of PPE supplies. As her work never ceased but increased significantly, it opened her eyes to the vast challenges of what it meant to “stay safe.”

Sheila donated 80 face shields to the University in preparation for registration to aid in the protection of faculty and staff as they prepare for students to return. Her community outreach and continuous efforts has helped to mitigate the COVID-19 virus and ensure all required safety precautions are followed in accordance with the CDC guidelines.

Her educational experience has allowed her to understand the importance of giving back. The engagement in giving from not just herself but all alumni, will increase attendance, aid St. Augustine’s University and grow the institutions brand.