

## Ning Sun's Bio

Ning Sun, LAc, is nationally licensed and board certified in both Acupuncture and Chinese Herbal Medicine by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM). She is also a member of the American TCM Society (ATCMS).

Ning graduated from Beijing University of Chinese Medicine in 2006, which is the oldest top five prestigious universities of Chinese medicine and Acupuncture in China. She began her work as a researcher in the World Federation of Chinese Medicine Societies (WFCMS) and as a health wellness counselor in Beijing. She has experience in treating diabetes, thyroid disorders, menstrual disorders, infertility, gastrointestinal disorders, and insomnia.

During her time practicing in China, Ning studied under the guidance of Sihua Gao, a renowned endocrine physician and herbalist in China. Over the course of many years, he helped Ning refine her clinical techniques in treating diabetes and women's menstrual health problems.

Ning came to the US in 2016 to continue her practice of acupuncture and herbal medicine. She first worked in Cupertino, CA as an assistant to Dr. Andrew Wu, a top Chinese Medical doctor with over 45 years of clinical and academic experience in sports injuries, depression, cancer, gynecology, and pediatrics. In pursuing her love of women's health, Ning also studied with Dr. Suzanne Yang, a renowned fertility acupuncturist and herbalist in New York City, a skilled expert whose specialty is helping many women who are struggling with infertility achieve their goals.

Through her years of training in both Western and Eastern medicine, Ning uses her integrated knowledge to provide holistic care. In the clinic, Ning combines acupuncture, herbal medicine, as well as Tuina, Guasha, and moxa to get the best results for her patients. Her style is gentle but effective, making sure patients are comfortable and relaxed. In addition, Ning always treats the whole person by recommending lifestyle changes such as diet, exercise, sleep, and mood management for best results.

Ning believes that Oriental medicine is not only alternative medicine, but also a way of thinking like a philosophy of life. She hopes her skills will benefit patients to gain insight on themselves, and also to adjust their lifestyle to the wellness and harmony of our nature and environment.

Ning enjoys practicing Tai Chi and calligraphy during her spare time. She also likes hiking and listening to classical music with her family.