

Sheila Redmond Stephens is a 1990 graduate of Saint Augustine's College, now Saint Augustine's University, with a Bachelor of Arts Degree in Special Education. For the past 29 years, she has worked as a Social Work Practitioner with Wake County Human Services, currently providing regulatory oversight for adult care homes in Wake County. During this time, she also worked with Durham County Social Services serving the following populations: the severely persistent mentally ill, those with intellectual disabilities, and those with developmental disabilities.

Currently, Sheila serves as the state-wide Chairperson for the NC Adult Care Association which has representation from all one hundred counties. The emphasis of this Association is on advocacy of residents' needs and rights, as well as the enhancement of residential services delivered in North Carolina.

Additionally, Sheila's skills and abilities help to serve and educate others. These include the following:

- An American Heart Association Basic Life Support/CPR and Bloodborne Pathogens instructor, under the UNC Rex Healthcare Training Center.
- A certified Evidence Base Protective Intervention Instructor, focusing on crisis intervention and prevention in de-escalation situations.
- A recognized and approved NC Health and Human Services curriculum, training specialist.

Recently, Sheila helped spearhead the Saint Augustine's University Adjunct Professor Support Project Campaign that raised over 145k. Alongside her husband, Chris, they are the co-founders of the Greater Triangle Representative Payee Services. In her spare time, Sheila

continues to volunteer and serve on other civic and community organizations.